



MON to THURS 9am-3pm

FRI 9am- 12noon

5983 9888

info@cpch.org.au

Inc no: A5121C - ABN 13567174223

7 PARK RD, CRIB POINT, 3919 Melways ref: 195 B/2

www.cpch.org.au

Email: info@cpch.org.au Follow us on Facebook & Instagram

Crib Point Community House Crib Point Community Market

August Art Attack Want more information? This





2nd Saturday of Month - 9am to 1pm To book a Stall or Fundraising BBQ email Michelle market@cpch.org.au Pay for stall on Market Day Oct 12, Nov 9, Dec 14, Jan 11

CRAFT WEEKEND

Join us for a weekend of fun and craft at the Lord Somers camp. Finish your UFOs or do a special project. It doesn't matter what your craft, you'll have a great time and make new friends. Only \$230 includes meals and accommodation. More info www.cpch.org.au

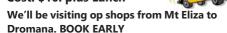
(WHAT'SON

New this term Pilates with Neil Adams on Tuesday mornings and Thursday evenings. Back by popular demand, a 4hr Cricut workshop 15th February. Senior Driver Program 18th March. Peninsula Community Legal Service Street Law Coffee Van and a talk on Elder Law. Check our website for date and time or give us a call. The RSPCA will return with a Healthy Pet Day this term. Date and time to be confirmed, check our website or call us.

BUS TRIP

OP SHOP

Date: 21st Feb, 9am to 4pm Cost: \$10. plus Lunch



NOTRE-DAME EXHIBITION

Date: 21st March, 8.30am to 4pm approx. Cost: \$30. incl bus, tour & entry, lunch extra Enjoy a tour of the Royal Botanic gardens, lunch, then the Notre-Dame Exhibition at the Immigration Museum. Price inc bus & tour.

THISISWHATHAPPENSINSIDE

INFORMATION

- * Classes&Activities*SupportGroups
- *SocialActivities *DisabledAccess
- * Maternal & Child Health 59839436

COMMUNITYGROUPS

- *CribPointActionGroup *ForeshoreCommittee **SERVICES:**
- * ReferralService
- *ComputerUse
- * RoomHire
- *Children'sParties

WHATCANYOUDO?

Wanttogetinvolvedinyourcommunity?

- * Meetpeople
- *Shareyourskills
- *BecomeaVolunteer*JointheCommittee

VOLUNTEERING

We have a wonderful group of volunteers who donate their valuable time to help run the Community House. If you are interested in volunteering in the office, garden, cleaning or even teaching, we'd love to hear from you. We are Centrelink approved for Mutual Obligation Requirements. Give us a call or pop in for a chat.

PRIVACY STATEMENT

Crib Point Community House respects your right to information privacy. Information which we collect & hold, is kept in accordance with the information privacy laws.

The Crib Point Community House acknowledges and pays respect to the Bunurong people, the Traditional Custodians of these lands and waters.

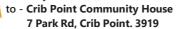
ENROLMENT

COURSES MUST BE PAID FOR WHEN ENROLLING

All missed classes must be paid for.

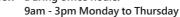
EFTPOS IS AVAILABLE. If paying by cash, please have correct money, as we do not have change. **ENROL BY:**

- * Phone enquiries and enrolments are welcome, but your place will not be secured until you have paid.
- * Email info@cpch.org.au
- * Mail Send cheque/money order, with details of course, your name, address, email & phone



Ask for a requirements list if required.

In person - During office hours:



9am - 12 Friday

Enrolments accepted in order of receipt of payment. If a course is cancelled, all efforts will be made to contact you, so please make sure you

give us all your details. A full refund will be given.

PRICINGPOLICY

We aim to provide courses you want at the lowest possible prices. Teachers are very experienced &/or qualified. Don't be excluded because of financial pressures, please talk to us, in confidence, to make other arrangements.

BRIGHTIDEAS



Got a great idea for a course or activity? Maybe you'd like us to start a Special Interest or Support group. Does night or weekend activities suit you best. We're always after new ideas. Talk to the Manager or a Committee member. We're always open to new ideas.

FREECOMPUTER/INTERNET

Computer and internet access is available Free of charge by appointment only. Please call 5983 9888 Printing 20c per A4.

GRAFFITIREMOVALKIT

The Community House has a Graffiti Removal Kit which is available to local Community groups, businesses & members of the community to help them remove any graffiti on their property. This is a FREE service. Call Community House.

THANKYOU, THANKYOU, THANKYOU

Crib Point Community House acknowledges the support of the Federal & Victorian Governments, Mornington Peninsula Shire & Bendigo Bank Hastings. Thanks to The Crib Point Cellars, Ed's Hastings, Baker's Delight & all the wonderful volunteers who help us every week and at our special events.

> Please support your local Community Bank & Businesses.











Monday

Closed 10th March - Public Holiday

NEW - MONDAY CRAFTERS

Starts: 3rd Feb 10am to 12noon Cost: \$2. weekly

Got some UFOs or need time to do your craft? Join these crafters and make new friends. Even try a new craft or share your expertise. Join us for a fun morning of craft, chat, a cuppa and friendship.

AFFORDABLE YOGA

Starts: 3rd Feb at 9:30 to 11am Cost: \$100 for 8 wks or \$15 weekly

For all ages & levels. Chris will gently guide you through simple stretches, breathing relaxation & meditation. BYO yoga mat or blanket. (Ask about paying by instalments - _ term must be PAID IN FULL)

PLAYGROUP

Starts: 3rd Feb at 10am - 12noon

Cost: FRFF

Parent run playgroup. Everyone helps set up, run activities and pack up. Please bring a snack for your little one. Tea & coffee provided. A great way to meet new friends for yourself and the kids. Bookings Essential

CAFE CHAT-Fortnightly

Starts: 10th Feb at 10-11am Come and have an informal chat & meet new friends. Share your ideas of what you want at YOUR Community House. Coffee/Tea is on us. We're usually at Café 202 Check our Facebook page and Instagram for location.

SCRIBBLERS WRITING DEN

Start: 3rd Feb - 1-3pm Cost: \$2.

Whether you're an experienced

writer or just starting, we offer a welcoming space for ages and abilities across various literary genres. Here, words come to life and creativity knows no limits as we embark on literary adventures together.

SEWING FOR BEGINNERS

Starts: 3rd Feb at 6 - 8pm Cost: \$70 for 8 weeks

Ages: 10 yrs to Adult.

Children must be accompanied by an adult. Learn simple techniques to make your own clothing and more. We have sewing machines available to use. Ask for a requirements list

Tuesday

PILATES - Mat work

Starts: 4th Feb at 9.30am - 10.30am

Cost: \$25 per session-PAID TO INSTRUCTOR

Neil Adams, qualified instructor of 15yrs, will accommodate your needs and requirements in this small group. Beginners Welcome.

Bookings essential. BYO MAT

balance, but still lots of fun.

EASY DOES IT FITNESS

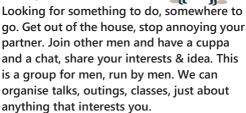
Starts: 4th Feb at 10 - 10.45am Cost: \$40 for 8 weeks or \$8. weekly From the Aging Strong Program to improve health, socialisation and independence. A gentler exercise class using a chair for

Tuesday cont:

MEN'S GROUP

Starts: 4th Feb - 10am

Cost: \$2.



FAB, FUN 'n' FIT

Starts: 4th Feb at 11.00 - 11.45am Cost: \$40 for 8 weeks or \$8 weekly 🚪

Build fitness and strength in a fun and social environment. Not too gentle exercise to music for mobility, strength, coordination & balance.

FAMILY TREE CIRCLE

Starts: 4th Feb at 1-3pm

Cost: \$2 weekly

So, you know who you are, but where did you come from? Di, a skilled researcher, will help you. You've always wanted to, so start now and join this fun group.

SENIOR SAFE DRIVER

Date: 18th March - 2 session, 11am or 1pm

Coat: FREE

Sponsored by Roadsafe South East Vic roads and Mornington Peninsula Shire. Topics covered inc; 7

How aging can affect driving, How to manage driving with a medical condition/conditional licences, Planning for the future, Where to get information. BOOKINGS ESSENTIAL

Wednesdav

MATERIAL GIRLS

Starts: 5th Feb at 9.00 -12noon Cost: \$2. weekly

Join these sew & sews and get sew happy on pins 'n' needles. These thread heads love their quilty pleasures. Patchwork or sewing, it's lots of fun being creative.

SQUARE DANCING

Starts: 5th Feb 9.30am -12noon

Cost: \$3. weekly

Are you a Square Dancer? Why not join in this fun group and keep fit and dance the morning

STREET LAW COFFEE VAN • **ELDER LAW TALK**

Date & time to be confirmed Free coffee, legal advice and a

talk on Elder Law from the friendly team at Peninsula Community Legal Service. More info on our website very soon or call us 59839888

MARGIE B's COMMUNITY CAFÉ

Date: 26th February

Time: 12noon

Cost: Voluntary donation

Come join us for lunch with a variety of choices which changes each month. We always have fun and make new friends. Booking essential and dietary reg. Phone: 59839888

Wednesday cont;

CRAFTY NIGHT OWLS

Date: 5th Feb at 7 - 9pm

Cost: \$2. weekly

No time for your crafts during the day? Here's your chance to make new friends, share ideas and maybe learn a new craft. It doesn't matter what craft you do, come and join this fun group of crafters.

Thursday

CACKLE 'N' CRAFT

ALL YEAR ROUND 9am-12noon

Cost: \$2 weekly

Join this fun group of crafty ladies. Finish your UFO's, learn a new craft or even help us with a new craft. Not into craft, just come along and have a cuppa & a chat.

KNITTERS 'N' HOOKERS

Starts: 6th Feb at 1-3pm

Cost: \$3 weekly

Knit one, crochet too & learn purls of wisdom from our resident nifty knitter. Work on your own woolly wonders & spin a few yarns. Even knit for a cause. It's a fun group.

PILATES -Mat work

Starts: 6th Feb at 6.30 - 7.30pm

Cost: \$25 per session-PAID TO INSTRUCTOR

Neil Adams, qualified instructor of 15yrs, will accommodate your needs and requirements in this small group. Beginners Welcome.

Bookings essential. BYO MAT

Friday & Weekend

STITCHIN' SISTERS PATCHWORK

Dates: Feb 7, 21, Mch 7, 21 Ap 4

Time: 9am to 12 noon

Cost: \$65.

You can make a coaster to a quilt, the choice is yours. Chris will guide you all the way. Ideal for beginners or the more advanced.

FAB, FUN 'n' FIT

Starts: 7th Feb at 9:30 - 10:15

Cost: \$40 for 8 weeks or \$8 weekly 🙀 📷 📷 Build fitness and strength in a fun and social environment. Not too gentle exercise to music for mobility, strength, coordination

and balance.

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NOTRE-DAME EXHIBITION

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CRICUT MACHINE WORKSHOP

Date: Saturday 15th Feb, 10am to 2pm Cost: \$50 BYO materials. Tool kit \$20 Join us for some fun with the Cricut machine. BYO your own machine if you have one and materials. Some materials will be available from the tutor, this machine will cut paper, fabric, stickers and more. BYO snacks and/or

lunch. BOOKINGS ESSENTIAL





